

This trail, of medium difficulty because of its length, runs around the Cerro de las Cabezas (hill of Cabezas), the Almorchón de Abajo, the Almorchón de Arriba, Collado de Majaespino and Peña Retuerta (the Retuerta's Peak). You will see the reservoir of Navacerrada, cross a marvelous oak forest and enjoy typical Mediterranean vegetation such as junipers, cistus or rockrose and herbs. You can enjoy your food in the playground or recreational area of the dam of Baño.

The route starts from the village to Peña Lisa where you take the road on the left, which runs over "Circuito del Cola Cao" (the Cola Cao's circuit). We continue parallel to the channel that carries water from the local reservoirs of the municipality to the reservoir of Navacerrada. From the top of the reservoir, take the road along the reservoir to get access to the coarse fishing. This path passes the foot of Cerro de lasCabezas (Hill top of Cabezas) leading up to the village of Navacerrada through a dense wild pine forest where you can enjoy listening to the sweet-sounding bird songs which are common on the trail toNavacerrada. Upon reaching the village, you will pass through an amazing gallery forest that grows aroundNavacerrada's river near the reservoir.

The road through the village of Navacerrada runs parallel to the M-607 road and goes to Cercas Mayores residential area where we get access to the track, on the right hand side. This road leads you through the oak forest in the valley of Barranca, to the reservoir of Baño where we can see amazingly high junipers. We continue going up to the forest track and here we can see a fantastic landscape of the valley of Barranca. After crossing the valley, the vegetation and wildlife change into herbs, cistus and a wide diversity of reptiles and insectivorous birds. The magnificent willows grow in the gallery forest of the stream of Peña Jardinera (Gardening Rock), which runs parallel to the road on our way up.

We continue ascending and on the right side, we can see the Fuente de la Beceilla (Fountain of Beceilla), where we can drink cold crystalline water, and we continue until we arrive at the reservoir of the Maliciosa over the hill of Majaespino. From here, we take the road down to the right towards the residential area Vista Real. This stretch of trail, with its steep slopes and the poor conditions of the pavement denotes high difficulty level for a cyclist. So we recommend taking an alternative way to access the reservoir.

The cattle, which graze on the hills of Peña Retuerta, will be your company on the way back to Becerril. Return to the starting point, the Plaza of the Constitution (The Constitution Square), passing through Jose Antonio Avenue.