



ROUTE FROM BECERRIL TO THE TELEGRAPH STATION

▪ TYPE	CIRCULAR	▪ TRAFFICABILITY	MEDIUM
▪ LONGITUDE	13,8 KM	▪ CICLABILITY	MEDIUM
▪ LEVEL	MEDIUM	▪ TIME	 3,5 HOURS  1,5H.

This route, of medium difficulty level because of its length, goes up to Cabeza Mediana (1331 m), where you can find the Telegraph Station, which is one of the five telegraph stations preserved in Madrid. The track runs through a quiet and shady pine forest where you can enjoy the marvelous landscapes of the Sierra de Guadarrama.

The route starts from Majada de las Monjas. We take the path that crosses the gate of Monte Matarrubia. The route runs parallel to a low stonewall that divides the oak forest and pine forest. Following this track until you reach the forest track, turn to the right and continue heading to the southeast. This track refers to one that comes from Moralarzal, at the crossroads, turn right heading to the northwest until you find a small trail on our left, just before the fountain, where you can drink water and fill bottles. Next to it, there is a water through suitable for grazing cattle.

Take this detour to slowly ascend between wild pines, blackberries and junipers along the foot of Pico Martillo, where you can contemplate an overview of Moralarzal. Continue on the narrow track, enjoying the songs of the birds that live in this amazing environment, until you find a new trail. Go up, heading to the right to link to a track which leads us to the top of Cabeza Mediana and continue going to the left.

A little bit closer to the top, from the meadow at the right side of the trail, you can enjoy a marvelous landscape of the Sierra de Guadarrama with important landforms like MujerMuerta, Montón de Trigo, SietePicos (Seven Peaks), Puerto de Navacerrada (Navacerrada Pass), Bola del Mundo, Maliciosa and also Pedriza.

Continue on the track until we reach the summit where we can observe the optical telegraph station, recently restored. There are four more telegraph stations in Torreloz and

Navacerrada, although not well-preserved. All of them belong to the Madrid-Irun line which starts in Conde Duque headquarters at Madrid, inaugurated in 1846. They didn't operate for a long time because of the introduction of the electric telegraph, which left the optical system obsolete.

The way to come back to Becerril de la Sierra is the same as the trail when going to the top. In descending, pass through another fountain. The way to come back is the same as what we used to get to the top.